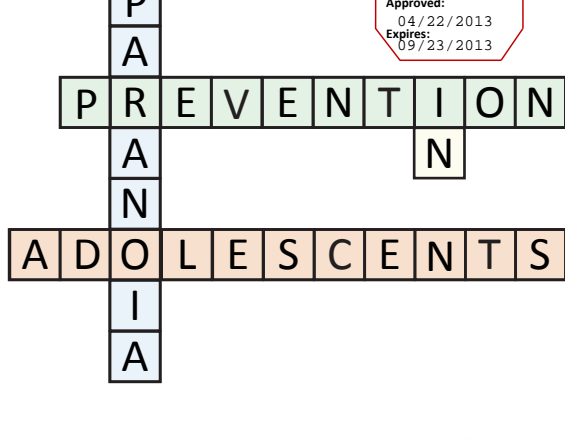




## Research Study

WCMC  
IRB APPROVED  
Approved:  
04/22/2013  
Expires:  
09/23/2013



## Cognitive Behavioral Therapy for the Prevention of Paranoia in Adolescents at Risk

**Participants are welcome**

**We are happy to provide more  
information about the study**

Please speak with Dr. Yulia Landa  
or one of our study investigators  
or send us an email:

212-821-0623

yul9003@med.cornell.edu

This study has been approved by Weill Cornell Medical  
College Institutional Review Board.  
IRB protocol #1007011164

ANXIETY? SOCIAL  
WITHDRAWAL?  
UNUSUAL  
SUSPICIOUS THOUGHTS?

Are you concerned about:

- Hidden threats or put-downs from what people say or do?
- Worrying that other people are watching you, talking about you, or intend to hurt you?
- Worrying that people drop hints about you or say things with a double meaning?
- Feeling confused about what is real and imaginary?
- Holding beliefs that other people find unusual?
- Becoming more socially isolated?

Psychologists at Weill Cornell Medical College  
are investigating a

### Specialized Cognitive Behavioral Therapy (CBT) Program

**AIM:** to help adolescents develop a better  
understanding of their experiences and sharpen  
their logical reasoning skills.

**WHY:** to prevent the formation of stressful  
paranoid thoughts or beliefs.

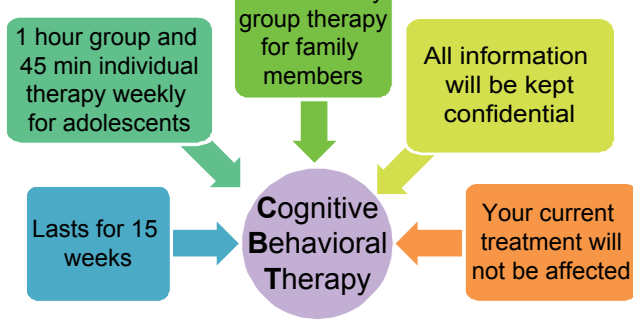
**Family members** will participate in a support  
group where they will learn how to help  
adolescents practice these CBT skills.

Participants will be randomly assigned to:

- an **intervention group** (who receive CBT) or
- a **control group** (who do not)

**CBT is FREE of charge**

Compensation up to \$500 Total per Family  
for completing assessment interviews



#### REQUIREMENTS:

Ages 12-25

#### NO DIAGNOSIS OF:

- Moderate to severe learning disability
- Organic impairment
- Substance dependence
- Schizophrenia/Schizoaffective disorder

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